

Santa Maria Valley YMCA Pool Rules

- No obscenities or inappropriate language allowed
- No running
- All swimmers must shower before entering the pool
- No food, drinks, or glass bottles allowed on the pool deck
- Proper swim attire must be worn at all times. No cut offs or t-shirts allowed at anytime. Rash guards or wetsuits are allowed
- Children 5 and older must use gender appropriate locker rooms
- Spitting, blowing of the nose or discharge of bodily waste in the pool is prohibited
- Sitting or hanging on lane lines is prohibited

Spa Rules

- You must be 18 or older (or with a parent/guardian) to be permitted in the spa area
- The spa is closed during all swim lessons and camp swim
- Maximum capacity is 4 people
- Time in the spa is not to exceed 20 minutes

Rec Swim

- All personal floatation devices must be Coast Guard approved. Children wearing lifejackets must stay in the shallow end ONLY.
- Use swim diapers only with small children
- No inflatable toys, kickboards, dive sticks/rings, noodles, or "swim aides" allowed in the pool.
- No running
- Use the diving board one person at a time. Only one bounce
- Dive only in the deep-end, over 9ft mark
- No pushing, dunking, wrestling, splashing, or engaging in any horse play

Lap Swim

- No children under the age of 18 allowed during "adult only lap swim."
A child can be approved for adult lap swim if the Aquatics Dept is called and child passes a swim test. (must be able to swim full lap w/o stopping) Call Aquatics office to make an appointment. Parent or Guardian MUST be in the water with child when lap swimming
- Sitting or hanging on lane lines is prohibited
- You MUST share a lane if asked
- If more than 2 swimmers in a lane everyone must circle swim
- 1 lane is reserved for private lessons during lap swim (not applicable when only 2 lanes). You may be asked to move lanes if needed

Pool and Spa Hours (please note exceptions on front)

Monday - Friday 5:00am - 9:15pm

Saturday 7:30am - 6:30pm

Sunday 1:00pm - 5:30pm

The pool schedule is subject to change. Please check flyers and postings throughout the YMCA for changes.

Schedule available online: www.smvymca.org

These rules are made for the safety and accommodation of 6,000 members