



December Saturday Switch Up Classes

Sat—Dec 6th

8:00 Body Combat—Karin
8:15 Cycle—Kristin M
9:00 Aqua—Erica
9:00 Zumba—Lindsay
10:30 Yoga—Kim

Sat-Dec 13th

8:00 Step—Robin
8:15 Cycle—Michelle
9:00 Aqua—Ester
9:00 Body Combat—Karin
10:30 Yoga—Ester

Sat-Dec 20th

8:00 Body Balance—Karin
8:15 Cycle—Michelle
9:00 Aqua—Erica
9:00 Zumba—Kristin B
10:30 Yoga—Katlin

Sat-Dec 27th

8:00 NO CLASS
8:15 Cycle—Kim
9:00 Aqua—Erica
9:00 Step—Ciera
10:30 Yoga—Ysabel