



May Saturday Switch Up Classes

Sat—May 2nd

8:00 Step—Robin
8:15 Cycle—Kim
9:00 Aqua—Erica
9:00 Soul Strength—Alex
10:30 Yoga- Katlin

Sat-May 9th

8:00 Body Balance—Karin
8:15 Cycle—Kim
9:00 Aqua—Sally
9:00 Body Pump—Kim
10:30 Yoga—Kim

Sat-May 16th

8:00 Qi Gong—Therese
8:15 Cycle Kim
9:00 Aqua-Therese
9:00 Zumba—Yana
10:30 Yoga—Olivia

Sat—May 23rd

8:00 Body Combat—Karin
8:15 Cycle _____
9:00 Aqua—Erica
9:00 Soul Strength—Alex
10:30 Yoga—Olivia

Sat-May 30th

8:00 Body Balance—Karin
8:15 Cycle—Michelle
9:00 Aqua Erica
9:00 Zumba—Kristen B
10:30 Yoga—Nicole